

Mr. Schlenoff

Philosophy Honors

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*This I Believe* Essay

For me, life is full of challenges. Every day, whether it's school projects, or helping friends, I must face a new challenge. No matter what the situation, each one needs to be conquered in some kind of way. These challenges can allow me to push my limit, but I believe with confidence, anything can be possible.

My confidence can overcome any challenge. Challenges, like facing fears and avoiding peer pressure, are just tests. It's okay for me to feel intense in these moments because it's that same emotion that will help me defeat that same test. They are just another obstacle of everyday life that I must accomplish, in order to move forward. I believe when I show confidence, I am expressing an infinite amount of positive energy. I am proving to myself that I am a strong individual who is determined to achieve her goals, no matter what stands in my way. With this energy, challenges start to become less of a problem, as I am focused only on the outcome. Eventually, my goal of conquering the particular challenge will have been reached, and life will continue on!

I may have won the battle, but not the war! Challenges will always appear in life, so it is important for me to be prepared for them. I should never have a negative approach to things! Positivity will always win the battle. I should also be more knowledgeable than before. Every

time I complete a challenge, I should gain new knowledge and experience from it, as I am a thinking thing like stated by Descartes himself. This will help me to know from past experiences. As long as I have this process, I shall always be victorious! Life may be full of challenges, but that doesn't mean that I should let them run my own life. I am responsible for my own life and I am the only one who can take control of it. Life should be lived to the fullest! As long as I have confidence, I can achieve anything!